

BEST PRACTICE 1

Title of the Practice:

OBE FOR EXTRACURRICULAR ACTIVITIES TO STRENGTHEN PO

Objectives of the Practice: To impart OBE to improve the physical , mental well being of students, to strengthen PO

Implementation:

There are numerous obstacles a college student must overcome. The young undergraduates face a number of challenges, including culture shock, the unfamiliar environment, peer pressure, the pressure to perform, physical changes, career choices, relationships, and identity formation. Even though most students find ways to deal with these problems, some of them struggle to support themselves and end up making bad decisions. Their academic performance and future are affected by this. The challenge was to create a comprehensive college-wide program that focuses on the most vulnerable students. As a result, it was crucial to provide a wide-ranging stigma-free mainstream Student Advisory service within the academic context.

The Covid-19 pandemic and its related public restrictions has an increased decline on the physical and mental health of students. The mode of education was online and this added to the anxiety and stress which the students faced due to isolation. The institution identified the need of the hour and supported the students at the peak. Various tournaments and friendly matches in different sports were conducted along with counselling sessions by the mentors.

IQAC promotes development and application of quality benchmarks/parameters for the various academic and administrative activities of the College. The teaching staff are encouraged and motivated to adopt a quality mindset to spread a research culture among the students and educate them about the challenges and opportunities of the present and future.

The various activities carried out to improve the extracurricular skills of students are:

- An extra time after the regular working hours was introduced for sports and extracurricular activities of the students
- Students were given the freedom to utilise the time as per their interest

- The facilities of playground , Gym (men & women) and the classrooms were made available without any restriction as per the disciplinary actions
- The interested students were also allowed to upkeep the college premises by gardening, doing paintings on the walls and modifying the recreation areas
- Tournaments : Various intra,intercollegiate and friendly matches for students were arranged in Football, Volleyball, Badminton etc

The increase in extracurricular activities of students helped to improve the mood and behaviour of the students by reducing the feelings of loneliness and isolation . The students could build their confidence and energy levels , they were able to come back from the passive lifestyle and improve their overall health in the campus

BEST PRACTICE 2

Title of the Practice:

SELF PACED LEARNING BEYOND CLASSROOM TEACHING WITH THE SUPPORT OF FACULTY MENTORING

Objectives of the Practice:

The main objective of this practice is to encourage students' ability to access the knowledge and information from sharing platforms like DELNET , NDL, Knimbus Digital library etc and enhance their learning with the support of faculty mentors.

Implementation:

Every area of life has been touched by the technological advancements that have occurred over time. We now demand the highest level of technological sophistication and widespread adoption of technology into every aspect of our life. The pandemic has given people the chance to experiment with new ways of sharing knowledge, and our institution was quick to respond to the need of the hour. The college is already a Institution member of the NDLI, Knimbus , DELNET etc. and at college level the students were encouraged to use the digital library for their various academic requirements.

The various activities that was emphasised for encouraging the knowledge enhancement are:

- Refer various textbooks based on their syllabus from the resources of digital library
- Seminars and project ideas to be referred from online resources before they clinch to the final topic
- Various journals and publications of prescribed standard need to be submitted as reference for supporting the project and seminar presentation
- Students are encouraged to use library facilities for exploring the resources

- Assignments are planned and schemed such that students are emphasised to use the digital resources
- The faculty mentors assigned to the students play a vital role in motivating the students to enhance their knowledge through self paced learning

Students have a wide range of possibilities from which they can select the best learning resource for their knowledge enhancement. They gain the appropriate information and abilities through this, enabling them to excel as professionals in their field of choice.

Along with improving their academic performance, students will be able to communicate more effectively. Researching materials helps students become better communicators, which is crucial when you want to get your point across effectively.